

JANUARY 2020

M T W T F S S

6

12

20

27

FEBRUARY 2020

M T W T F S S

1 2 W1

8 9 W2

15 16 W3

22 23 W4

29 W5

MARCH 2020

M T W T F S S

1 W1

7 8 W2

14 15 W3

21 22 W4

30 31

APRIL 2020

M T W T F S S

1 2 3 4 5 W1

6 7 8 9 10 11 12 W2

13 14 15 16 17 18 19 W3

20 21 22 23 24 25 26 W4

W5

MAY 2020

M T W T F S S

1 2 3 W1

8 9 10 W2

15 16 17 W3

22 23 24 W4

25 26

JUNE 2020

M T W T F S S

1 2 3 4 5 6 7 W1

8 9 10 11 12 13 14 W2

15 16 17 18 19 20 21 W3

22 23 24 25 26 27 28 W4

29 30 W5

JULY 2020

M T W T F S S

1 2 3 4 W1

7 8 9 10 11 12 W2

13 14

20 21

27 28

AUGUST 2020

M T W T F S S

1 2 W1

3 4 5 6 7 8 9 W2

11 12 13 14 15 16 W3

18 19 20 21 22 23 W4

25 26 27 28 29 30 W5

W6

Click in this middle area to go to the Index page.

Click on these to go to the specific weekly page.

Click on the month name to go to the month page.

OCTOBER 2020

M T W T F S S

1 2 3 4 W1

5 6 7 8 9 10 11 W2

12 13 14 15 16 17 18 W3

19 20 21 22 23 24 25 W4

26 27 28 29 30 31 W5

NOVEMBER 2020

M T W T F S S

1 W1

7 8 W2

14 15 W3

21 22 W4

28 29 W5

30 W6

DECEMBER 2020

M T W T F S S

1 2 3 4 5 6 W1

7 8 9 10 11 12 13 W2

14 15 16 17 18 19 20 W3

21 22 23 24 25 26 27 W4

28 29 30 31 W5

Click in this bottom area to go to the back page.

This is the Cover Page

This is a cut down and annotated version of the Weekly Starlight Planner for you to test.

Anything that is orange will not be included in the actual planner.



A

B

C

D

E

F

G

Use the boxes  
to label your  
notes pages (A-  
G)

Click on the  
Letters A-G to  
go to the Notes  
page. You can  
use the index or  
the tabs.

This is the Index Page

December  
2019

This indicates which month you are on

NOVEMBER 2019							JANUARY 2020						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
					1	2					3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30		27	28	29	30	31		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
							1
W1					6		7
W2	9	10	11	12	13	14	15
W3	16	17	18	19	20	21	22
W4	23	24	25	26	27	28	29
W5	30	31					

Use the week numbers to go to the week page

Use the tabs, or month name, to go to a month overview page

This is the Month Overview Page

These tabs are specific to each month



Click in this top area to return to the cover page.

This indicates which month you are on

Click in this middle area to go to the Index page.

Click here to go to another month

Click in this bottom area to go to the back page.

This is the Weekly Page

Add stickers here

Review

Click in this top area to return to the cover page.

IT?

WHAT ARE THE NEW HABITS I HAVE BEEN SUCCESSFUL AT STICKING WITH?

WHAT HAVE I ACHIEVED IN MY GOAL ROADMAP?

Click in this middle area to go to the Index page.

WHAT WAS MY BIGGEST ACHIEVEMENT?

DID I SUCCEED IN COMPLETING ALL MY ACTIONS?

WHAT IS MOST CHALLENGING AND HOW CAN I CHANGE IT TO AN

Click in this bottom area to go to the back page.

WHAT AM I HAPPY ABOUT RIGHT NOW?

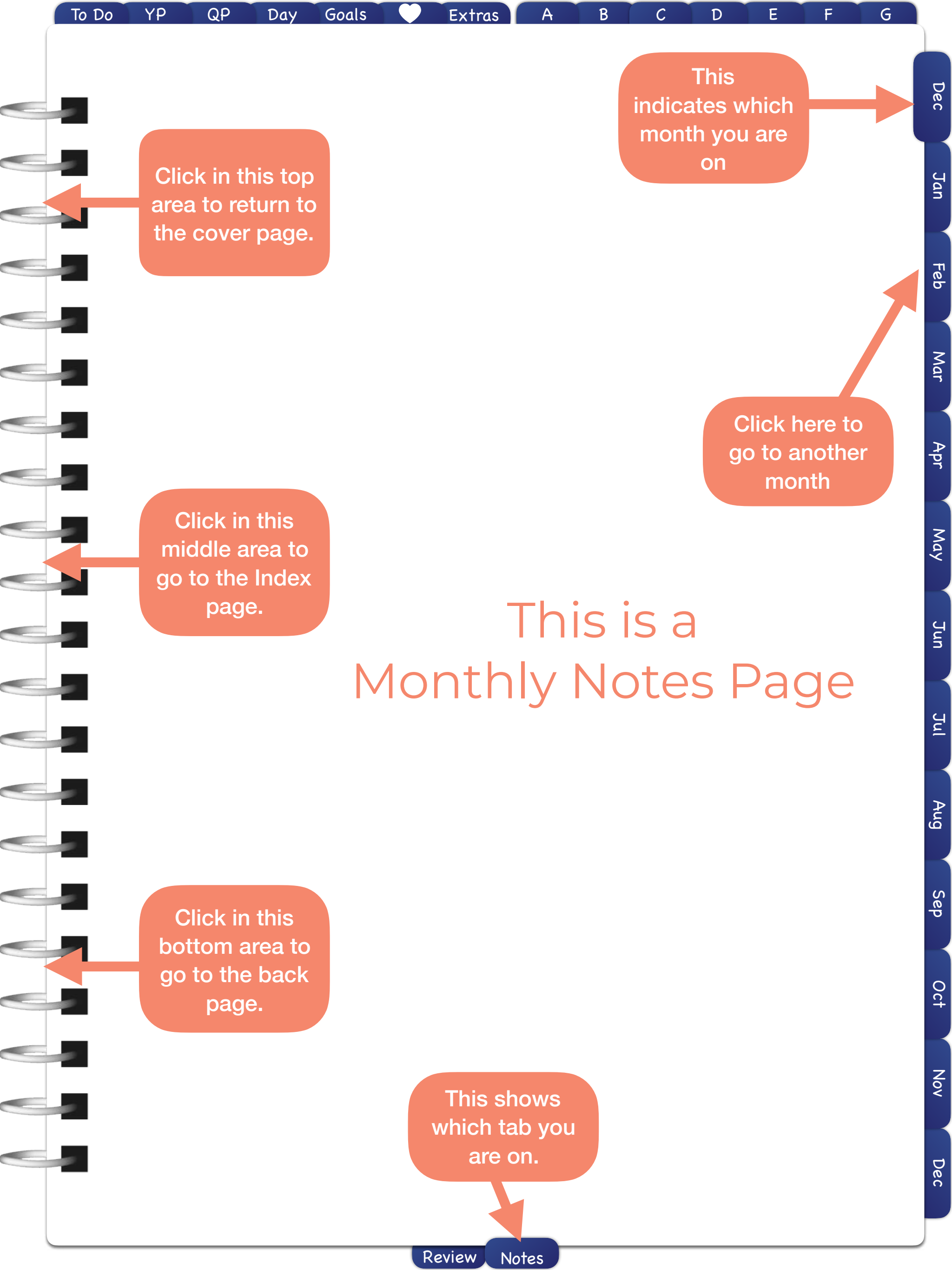
WHAT AM I GRATEFUL FOR?

This indicates which month you are on

Click here to go to another month

This is a Monthly Review Page

This shows which tab you are on.



Click in this top area to return to the cover page.

This indicates which month you are on

Click here to go to another month

Click in this middle area to go to the Index page.

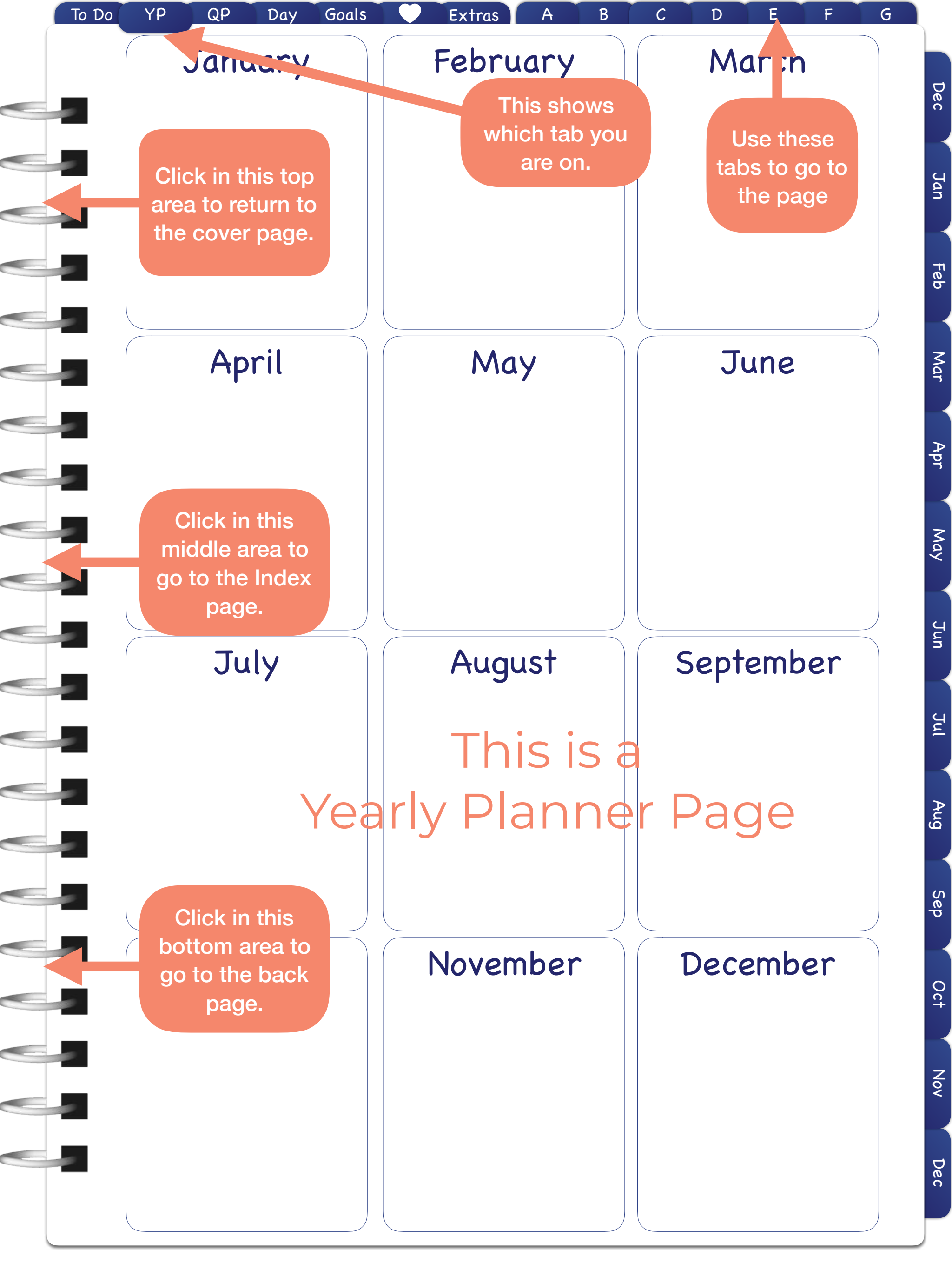
## This is a Monthly Notes Page

Click in this bottom area to go to the back page.

This shows which tab you are on.







To Do

YP

QP

Day

Goals



Extras

A

B

C

D

E

F

G

January

February

March

This shows  
which tab you  
are on.

Use these  
tabs to go to  
the page

Click in this top  
area to return to  
the cover page.

April

May

June

Click in this  
middle area to  
go to the Index  
page.

July

August

September

This is a  
Yearly Planner Page

Click in this  
bottom area to  
go to the back  
page.

November

December

Dec

Jan

Feb

Mar

Apr

May

Jun

Jul

Aug

Sep

Oct

Nov

Dec





## Month 1

This shows  
which tab you  
are on.

Use these  
tabs to go to  
the page

Click in this top  
area to return to  
the cover page.

## Month 2

Click in this  
middle area to  
go to the Index  
page.

This is a  
Quarterly Planner Page

## Month 3

Click in this  
bottom area to  
go to the back  
page.

Date:

Top Priorities

Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

3

5

6

8 AM

Click in this middle area to go to the Index page.

11 AM

12 PM

1 PM

2 PM

3 PM

7 PM

8 PM

9 PM

Click in this bottom area to go to the back page.

WHAT DID I LEARN TODAY?

WHAT STRENGTHS DID I USE TODAY?

WHAT CHALLENGED ME TODAY THAT I CAN GROW FROM:

TODAY I'M GRATEFUL FOR...

WHAT WENT WELL TODAY?

This is a Daily Planner Page

Date:

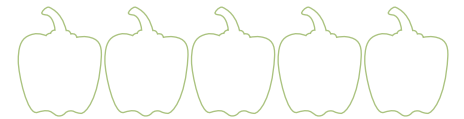
This shows which tab you are on.

Click in this top area to return to the cover page.

Track your mood and hours slept.

Zzzz

● ●



4

5

6

Event

Remember to ...

Click in this middle area to go to the Index page.

: AM/PM

: AM/PM

: AM/PM

: AM/PM

Click in this bottom area to go to the back page.

This is a different Daily Planner Page

## My Goals:

Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

Emotional,  
Spiritual &  
Personal  
Growth

Click in this middle area to go to the Index page.

Social & Fun

Family &  
Friends

Work & School

Click in this bottom area to go to the back page.

Finance

Community &  
Giving

This is your  
Goal Page

# My Goals Roadmap:

Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

Click in this middle area to go to the Index page.

Click in this bottom area to go to the back page.

This is your 2nd Goal Page

	What is my goal?	What do I want to achieve?	What do I need to succeed?	What do I need to make it happen?	What do I need to do to succeed?
Health & Body					
Emotional, Spiritual & Personal Growth					
Social & Fun					
Family & Friends					
Work & Career					
Finance					
Community & Giving					

My Goal Action Steps:

Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

Emotional, Spiritual & Personal Growth

Click in this middle area to go to the Index page.

Family & Friends

Click in this bottom area to go to the back page.

Community & Giving

This is your 3rd Goal Page



Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

Stick your favourite stickers here for easy access

Click in this middle area to go to the Index page.

## This is a Favourites Page

Stick your white stickers

Click in this bottom area to go to the back page.



Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

# This is a Blank Notes Page

Click in this middle area to go to the Index page.

Click in this bottom area to go to the back page.

Birthdays

Click in this top area to return to the cover page.

Contacts

Bucket List

Projects

Accounts

Click in this middle area to go to the Index page.

Click here to go to the relevant page

Click in this bottom area to go to the back page.

This is the Extras Page where I add bonus content

Birthdays:

January

Click in this top area to return to the cover page.

This shows which tab you are on.

March

Use these tabs to go to the page

April

Click in this middle area to go to the Index page.

May

This is a Birthdays Page

June

July

Click in this bottom area to go to the back page.

August

September

November

December

Contacts:

NAME:

A

P

EMAIL:

NAME:

ADDRESS:

P

E

NAME:

ADDRESS:

PHONE:

EMAIL:

N

A

PHONE:

EMAIL:

This shows which tab you are on.

Use these tabs to go to the page

Click in this top area to return to the cover page.

Click in this middle area to go to the Index page.

Click in this bottom area to go to the back page.

This is a Contacts Page

PHONE:

EMAIL:

NAME:

ADDRESS:

PHONE:

EMAIL:

NAME:

ADDRESS:

PHONE:

EMAIL:

NAME:

ADDRESS:

PHONE:

EMAIL:

Bucket List:

Things to do:

1

2

3

4

5

6

7

8

9

10

1

2

3

4

5

6

7

8

9

10

1

2

3

4

5

6

7

8

9

10

Click in this top area to return to the cover page.

This shows which tab you are on.

Use these tabs to go to the page

Click in this middle area to go to the Index page.

This is a Bucket List Page

Places to go:

1

2

3

4

5

6

7

8

9

10

Challenges to achieve:

1

2

3

4

5

6

7

8

9

10

1

2

3

4

5

6

7

8

9

10

Click in this bottom area to go to the back page.

Project:

Start Date

Due Date

This shows  
which tab you  
are on.

Use these  
tabs to go to  
the page

Click in this top  
area to return to  
the cover page.

Description

Goals

This is a  
Project Page

Click in this  
middle area to  
go to the Index  
page.

Tasks

RESPONSIBILITY

DUE

STATUS

Click in this  
bottom area to  
go to the back  
page.



Accounts:

ACCOUNT:

D

A

DETAILS:

ACCOUNT:

DETAILS:

A

D

ACCOUNT:

DETAILS:

ACCOUNT:

DETAILS:

A

D

ACCOUNT:

DETAILS:

ACCOUNT:

DETAILS:

ACCOUNT:

DETAILS:

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ACCOUNT:

DETAILS:

This shows which tab you are on.

Use these tabs to go to the page

Click in this top area to return to the cover page.

Click in this middle area to go to the Index page.

Click in this bottom area to go to the back page.

This is a Accounts Page



Click in this top area to return to the cover page.

Click in this middle area to go to the Index page.

This is the Back Page

Click in this bottom area to go to the back page.